



Aintree 200

MW41

07/11/2021 [5]

A ride to Southport and back using some good quality cycle tracks. A road bike will be fine but a gravel bike will be better. The route uses the Melling Road to cross the Aintree racecourse, so you won't be able to ride during the Grand National.

For a successful validation, you must:

- enter at **www.delphcyclist.info/AintreePerm.html** (don't worry about the ride date at this stage)
- register your ride date by texting **07931 911324** or emailing **mike@PeakAudax.co.uk** before you start
- visit all the controls listed below within the time limits - note that this is a non-mandatory route
- establish your "proof of passage" by
 - downloading the [eBrevet](#) - see **www.delphcyclist.info/eBrevet.html**
 - or recording a [GPS track](#) (must be .GPX format) showing you visited each Control Location
 - or collecting [till receipts](#) or ATM slips from anywhere at the Control Location
- completing all the details on your Brevet Card (name, address, ride date, control locations and times plus your signature) and returning it to me within 14 days of your ride

Controls: The ride works best using the E-Brevet app or a GPX track to authenticate your ride. The route is advisory, but you should ensure that you pass within ½km of the locations below (indicated by Grid Reference and what3words.com). If you haven't access to the app or GPX you may still collect receipts from the various suggested locations.

eBrevet: Ride Code **MW41** (see www.DelphCyclist.info/eBrevet.html for customisation instructions to reverse the direction, start at any control, or start anywhere between controls).

Uppermill	The route sheet starts from the Co-op on High Street with an ATM opposite at the former NatWest Bank (SD 997 057) with carparking available at the Leisure Centre (SD 999 055).			
Cadishead	 SJ 703 923 <i>stun.brambles.jeep</i>	TILL RECEIPT from Spar shop	39	39
Southport	 SD 329 141 <i>cape.shots.giraffes</i>	TILL RECEIPT from Spar shop	51	90
Halebank	 SJ 485 839 <i>uses.carry.lately</i>	TILL RECEIPT from Spar shop TILL RECEIPT from Co-op	42	132
Hale	 SJ 771 867 <i>dress.boost.hidden</i>	TILL RECEIPT from Costa TILL RECEIPT from Tesco Express	34	166
Uppermill	 SJ 997 057 <i>about.shark.shrugging</i>	TILL RECEIPT from Co-op or any cafe on High Street ATM slip from outside former NatWest bank	39	205

RIDE DETAILS: see **www.delphcyclist.info/AintreePerm.html** for GPX files, Route sheet, Maps, etc

CLIMBING: **1,370m** (total climbing) **265m** (max elevation) AAA points: **0**

TIME LIMITS: **6 hrs 50 mins** (30kph) and **14 hrs 20 mins** (14.3kph)