



Holyhead- Poynton 200

This is the westbound version of the **Llanfairpwllgwyngyllgogerychwyrndrobwlllantysiliogogoch 200**. Note that it is a one-way ride so you will end up 200km away from where you started! See the separate route sheet/GPX files to ride the **Poynton-Holyhead 200**.

The route avoids the A55 North Wales Expressway by using the various minor roads and some excellent cycle paths.

For a successful validation, you must:

- enter at **www.delphcyclist.info/Llan200Perm.html** (don't worry about the ride date at this stage)
- register your ride date by texting **07931 911324** or emailing **mike@PeakAudax.co.uk** before you start
- visit all the controls listed below within the time limits - note that this is a non-mandatory route
- establish your "proof of passage" by
 - downloading the eBrevet - see **www.delphcyclist.info/eBrevet.html**
 - or recording a GPS track (must be .GPX format) showing you visited each Control Location
 - or collecting till receipts or ATM slips from anywhere at the Control Location
- completing all the details on your Brevet Card (name, address, ride date, control locations and times plus your signature) and returning to me within 14 days of your ride

Controls: The ride works best using the E-Brevet app or a GPX track to authenticate your ride. The route is advisory, but you should ensure that you pass within 1/2km of the locations below (indicated by Grid Reference and what3words.com). If you haven't access to the app or GPX you may still collect receipts from the various suggested locations.

eBrevet: Ride Code **MW23** (see www.DelphCyclist.info/eBrevet.html for customisation instructions to reverse the direction, but you cannot change the start control from Holyhead).

Holyhead	 SH 257 815 <i>servers.funded.routes</i>	The route sheet starts from the Tesco roundabout. If not using eBrevet, get receipt from Tesco, Morrisons, KFC etc	0	0
Rhos on Sea	 SH 842 805 <i>boxer.forest.take</i>	RECEIPT from any café RECEIPT or ATM SLIP from Co-op Supermarket	73	73
Shotton	 SJ 485 747 <i>health.pins.punch</i>	RECEIPT or ATM SLIP from Petrol Station or Tesco (has cafe)	59	132
Poynton	 SJ 920 836 <i>dolls.booth.school</i>	RECEIPT from Co-op on Park Lane (opens 06:00) ATM SLIP from RBS or Co-op	80	212

RIDE DETAILS: see **www.delphcyclist.info/Llan200Perm.html** for GPX files and route sheet updates

CLIMBING: 1,780m (total climbing) 218m (max elevation)

TIME ALLOWED: 6 hrs 56 mins (30kph) – 14 hrs 33 mins (14.3 kph)