



Poynton-Holyhead 200

This is the eastbound version of the **Llanfairpwllgwyngyllgogerychwyrndrobwlllantysiliogogoch 200**. Note that it is a one-way ride so you will end up 200km away from where you started! See the separate route sheet/GPX files to ride the **Holyhead- Poynton 200**.

The route avoids the A55 North Wales Expressway by using the various minor roads and some excellent cycle paths.

For a successful validation, you must:

- enter at www.delphcyclist.info/Llan200Perm.html (don't worry about the ride date at this stage)
- register your ride date by texting **07931 911324** or emailing mike@PeakAudax.co.uk before you start
- visit all the controls listed below within the time limits - note that this is a non-mandatory route
- establish your "proof of passage" by
 - downloading the eBrevet - see www.delphcyclist.info/eBrevet.html
 - or recording a GPS track (must be .GPX format) showing you visited each Control Location
 - or collecting till receipts or ATM slips from anywhere at the Control Location
- completing all the details on your Brevet Card (name, address, ride date, control locations and times plus your signature) and returning to me within 14 days of your ride

Controls: The ride works best using the E-Brevet app or a GPX track to authenticate your ride. The route is advisory, but you should ensure that you pass within ½km of the locations below (indicated by Grid Reference and what3words.com). If you haven't access to the app or GPX you may still collect receipts from the various suggested locations.

eBrevet: Ride Code **MW23** (customisation is not permitted for this Perm).

Poynton	 SJ 920 836 <i>dolls.booth.school</i>	The route sheet starts from the car park behind Waitrose on Park Lane Poynton near Stockport. Make sure you leave your car in one of the long stay places. If not using eBrevet, get receipt from Costa, Waitrose etc or an ATM slip	77	77
Shotton	 SJ 485 747 <i>health.pins.punch</i>	SIGNATURE or RECEIPT from Corner Café RECEIPT or ATM from Petrol Station on B5129	77	77
Rhos on Sea	 SH 842 805 <i>boxer.forest.take</i>	RECEIPT from any cafe RECEIPT or ATM SLIP from Co-op Supermarket	56	133
Holyhead	 SH 257 815 <i>servers.funded.routes</i>	RECEIPT or ATM SLIP from Tesco (6 to midnight except Sun 10-4) RECEIPT from KFC	73	206

RIDE DETAILS: see www.delphcyclist.info/Llan200Perm.html for GPX files and route sheet updates

CLIMBING: 1,740m (total climbing) 271m (max elevation - Halkyn Mountain)

TIME ALLOWED: 6 hrs 52 mins (30kph) – 14 hrs 24 mins (14.3 kph)