



Aintree 200

MW41

08/02/2022 [5]






A ride to Southport and back using some good quality cycle tracks. A road bike will be fine but a gravel bike will be better. The route uses the Melling Road to cross the Aintree racecourse, so you won't be able to ride during the Grand National.

For a successful validation, you must:

- enter at **www.delphcyclist.info/AintreePerm.html** (don't worry about the ride date at this stage)
- register your ride date by texting **07931 911324** or emailing **mike@PeakAudax.co.uk** before you start
- visit all the controls listed below within the time limits - note that this is a non-mandatory route
- establish your "proof of passage" by
 - downloading the [eBrevet](#) - see **www.delphcyclist.info/eBrevet.html**
 - or recording a [GPS track](#) (must be .GPX format) showing you visited each Control Location
 - or collecting [till receipts](#) or ATM slips from anywhere at the Control Location
- completing all the details on your Brevet Card (name, address, ride date, control locations and times plus your signature) and returning it to me within 14 days of your ride

Controls: The ride works best using the E-Brevet app or a GPX track to authenticate your ride. The route is advisory, but you should ensure that you pass within ½km of the locations below (indicated by Grid Reference and what3words.com). If you haven't access to the app or GPX you may still collect receipts from the various suggested locations.

eBrevet: Ride Code **MW41** (see www.DelphCyclist.info/eBrevet.html for customisation instructions to reverse the direction, start at any control, or start anywhere between controls).

Uppermill	The route sheet starts from the Co-op on High Street with an ATM opposite at the former NatWest Bank (SD 997 057) with carparking available at the Leisure Centre (SD 999 055).		
Cadishead	 SJ 703 923 <i>stun.brambles.jeep</i>	TILL RECEIPT from Spar shop	39 39
Southport	 SD 329 141 <i>cape.shots.giraffes</i>	TILL RECEIPT from Spar shop	51 90
Halebank	 SJ 485 839 <i>uses.carry.lately</i>	TILL RECEIPT from Spar shop TILL RECEIPT from Co-op	42 132
Hale	 SJ 771 867 <i>dress.boost.hidden</i>	TILL RECEIPT from Costa TILL RECEIPT from Tesco Express	34 166
Uppermill	 SJ 997 057 <i>about.shark.shrugging</i>	TILL RECEIPT from Co-op or any cafe on High Street ATM slip from outside former NatWest bank	40 206

RIDE DETAILS: see **www.delphcyclist.info/AintreePerm.html** for GPX files, Route sheet, Maps, etc



CLIMBING: **1,370m** (total climbing) **265m** (max elevation) AAA points: **0**

TIME LIMITS: **6 hrs 50 mins** (30kph) and **14 hrs 20 mins** (14.3kph)


Aintree Loops 200

(off-road sections)

1 left from Co-op 📱



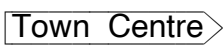

1.8   A669 Oldham Road


6.5  after pedestrian X-ing, Cranbrook St

6.8  4th right, Salisbury Road

6.9  Roundthorn Road

7.0  Glodwick Road


7.4    Glodwick Road
 Queens Road (through pillars)

7.6  *to left of Alexandra Park,
descend through gate*

8.1  Ashton Road A627

10.0  Coal Pit Lane

11.9  Cutler Hill Road

12.1  Ashton Rd thru **Woodhouses**



15.4  &   *through Clayton Vale*

16.8  Riverpark Road

17.6  Briscoe Lane



17.9   A6010


18.1   Bradford Road

19.8   Store Street
under canal and railway tunnels


20.5  &   Fairfield Street

21.3   at Palace Theatre, Whitworth St

21.8   by station onto Castle St cobbles

22.1 *left before rail bridge
onto foot bridge* 
left and along canal towpath

24.5 *over Throstles Nest footbridge*

21.8 

26.8 *over Bridgewater Canal footbridge*

27.0  Moss Road

27.6  Derbyshire Lane


28.2  3rd exit (*pass petrol station on R*)

29.7  Moss Vale Road (after Motorway)


29.8  Railway Road

30.7   Flixton Road

32.2   Flixton Road


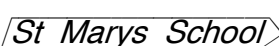
32.7  Irlam Road

34.9  *over Ship Canal at Irlam locks*


35.1  A57 Cadishead Way




36.8   B5471

37.6    A57

38.3   Lords Street

39.0 **Cadishead** 📱 Spar on right


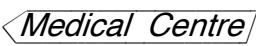









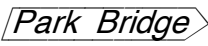
2	right from Cadishead Stores and ...
0.1	↩ on <i>footpath</i> <i>Motorcycling prohibited</i> and cross over Glaze Brook footbridge
0.3	➡ Carlton Way
0.4	➡ Glazebrook Lane
5.6	↩ A574 <i>Warrington</i>
6.6	➡ B5207 in Golbourne ➡ Culcheth
11.1	⚡⚠ B5207 Church Lane & ... ⚡⚠ over A580 Golbourne
12.4	⚡⚠ Golbourne Road
13.5	🔄 <i>Abram</i>
13.7	Y B5207 Ashton
16.1	↩ A58 Bolton Road
16.7	➡ B5207 <i>Billinge</i>
16.9	↩ Alexandra Road
17.6	⚡ Cansfield Grove
17.9	⚡ Low Bank Road
19.4	⚡ Rectory Road
20.6	➡ Winstanley Road
25.2	⚡⚠ Sefton Road
25.7	🔄 under motorway bridge
26.1	Y Higher Lane
26.9	⚡ Mill Lane
30.7	➡ & immediately ↩  Beacon La
31.3	🔄  Beacon Lane (4 th exit)
32.1	↩  Cobbs Brow Lane


32.4	➡ Cobbs Clough Road
33.4	🔄  3 rd exit Vale Lane <i>Burscough</i>
34.2	➡  Spath Lane
34.7	🔄
35.7	⚡ Dicks Lane Ormskirk
36.8	➡ and continue into Ormskirk
39.5	⚡⚠ Moor Street Ormskirk
39.6	⚡⚠ St Helens Road Southport
39.7	➡  A570 Southport
40.7	⚡⚠ Halsall Road
41.2	🔄 Halsall
45.4	↩ Halsall Road <i>Liverpool</i> 🔄 Gregory Lane Birkdale
50.7	⚡⚠ Halsall Road
51.0	➡ Shaftsbury Road
51.2	↩ Norfolk Road
51.3	↩ Southport 📱 Spar/Subway on corner

3	Liverpool Road
0.7	A565 <i>Liverpool</i>
2.2	A565 <i>Liverpool</i>
4.0	Moor Lane
5.5	TPT onto Trans Pennine Trail
15.4	TPT Old Racecourse Road
15.8	TPT Meadway
17.3	cross A5758
17.6	cross B5207, onto Chapel Lane
17.7	1st left, Copy Lane
18.6	
18.7	B5194 Aintree
19.2	B5194 Aintree Lane <i>Melling</i>
20.4	Melling Road
21.4	Seeds Lane
21.7	onto Trans Pennine Trail and right
36.7	Okell Drive
37.5	Church Road
38.3	Baileys Lane
38.3	Lower Lane
40.7	Halebank Road
42.3	(shop on R, Fish bar)

4	continue Mersey View Road
0.4	to <i>Pickering Pasture</i> , left at river and climb stairs to <i>Runcorn</i> bridges
3.3	

3.8	at Spike Island over locks, keep Mersey on R onto canal towpath
12.2	& over bridge (where SO is narrow path)
12.4	TPT at gates
12.5	pass United Utilities site
12.7	TPT Forrest Way
13.2	and TPT at gates
14.3	TPT after rail bridges
14.8	Taylor Street
14.9	over Ship canal bridge then Ellesmere Road
16.1	Fairfield Road
17.4	Ackers Road
17.8	<i>Macclesfield</i> A50 and immed
19.2	Lymm Stockport Road
19.2	Stockport A56
21.3	<i>Statham Lodge</i> at Lymm sign
23.2	TPT for 4.8km
28.0	onto Station Road
28.1	Back Lane
29.7	School Lane
30.0	Charcoal Road
30.2	Charcoal Road
31.3	B5161 Hale
33.2	Ashley Road Hale
33.6	over level crossing
33.9	Hale Tesco on left, Costa on R

5	Y Harrop Road (by church)
1.3	← then →  A538
2.3	← Shay Lane 
3.9	→ Thorley Lane and over motorway
4.6	← Thorley Lane 
5.6	←  & ← 
6.2	→ Portway
6.9	← Ruddpark Road at church continue over M60 through Sharston
10.1	← Longley Lane and immediately → Royle Green Road
11.2	→  Palatine Road
13.1	→  Barlow Moor Road
13.9	↕  School Lane
15.0	↕  & ↕  over A34
15.2	↻ Burnage Lane
16.6	↻ Errwood Lane
18.5	→  onto TPT
22.8	↕ at bridge 5
22.9	→
23.4	↕ Abbey Hey Lane, over rail bridge ↻ Capital Road
23.7	→ Ashton Old Road ← by post box Gransmore Road
24.1	→ Boothdale Drive
25.3	↕ over tramtracks Market Street
29.2	← Downing Street at "Clock" shop
29.8	← Oldham Road A627
30.6	→ Park Bridge Road 
31.4	Y Alt Hill Lane

32.9	↕ Lees New Road
34.1	→ Lees New Road
35.3	→ Knowls Lane
36.5	← Coverhill Road
36.9	→ and climb Oldham Road
40.6	Uppermill  Co-op on right
<i>Organised by Mike Wigley to Audax UK regulations</i>	
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